

Useful Helplines for Seniors

C211 <i>Info and referral services-68+ languages</i>	211
BC Health Line <i>(Info by registered nurses—130+ languages)</i>	811
City of Vancouver <i>services, resources, community centres, parks, facilities)</i>	311 (City
BC Health & Seniors Info Line	1-800-465-4911
BC Bereavement Helpline	604-738-9950
Seniors' Distress Line <i>(by Crisis Centre)</i>	604-872-1234
Seniors Advocacy & Information Line (SAIL) <i>(by BC Centre for Elder & Advocacy Support)</i>	604-437-1940
For more Info on Seniors Services in BC: Seniorsbc.ca	

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Emergency (911) & Non-Emergency

Poison Control	604-682-5050
Non-Emergency Police	604-717-3321
Grandview-Woodland	604-717-2932
Community Policing Centre	
Victim Link	1-800-563-0808
Transportation	
Handy Dart & Taxi Savers	778-452-2860
Trans Link <i>(Public transit—trip planning)</i>	604-953-3333 translink.ca
Seniors Bus Pass Program <i>(press 4, then 3)</i>	1-866-866-0800
Parking Permit Program	604-718-7744 <i>(Parking permits for people with disabilities by SPARC BC)</i>

Emergency (911) & Non-Emergency

Poison Control	604-682-5050
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Food

Grandview Woodland Food Connection	604-718-5895
Meals on Wheels	604-732-7638
Food Bank	604-876-3601
Quest Food Exchange	604-605-0735
Better Meals	604-299-1877
Safeway Shop by Phone	604-709-6402
Britannia 55+ Hot Lunches	604-718-5837

Immigrant/Multicultural

Immigrant Services Society	604-684-2561
M.O.S.A.I.C.	604-254-9626
S.U.C.C.E.S.S.	604-684-1628
REACH Multicultural Family Centre	604-254-1354

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Seniors (55+)
Grandview Woodland
Community
Resource Card

March 2016
Grandview Woodland
Community Response Network

M.O.S.A.I.C.
Britannia Community Services Centre
Grandview Woodland Food Connection
Grandview Woodland
Area Services Team



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Financial & Legal Services

Canada Pension Plan	1-800-277-9914
Old Age Security (OAS)	1-800-277-9914
BC Seniors’ Supplement <i>(press 4, then 1)</i>	1-866-866-0800
Employment Insurance Benefits	1-800-206-7218
Income Tax Services	1-800-959-8281
Access Pro-Bono Legal Services	604-878-7400
MOSAIC Legal Advocacy	604-254-9626
Veterans Affairs Canada	1-866-522-2122 (option 2)
Britannia Legal Clinic	604-822-5791
NIDUS <i>(Representation agreements & power of attorney)</i>	604-408-7414
Legal Services Society	604-408-2172

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Housing

Property Tax Deferment Program	604-660-2421
Residential Tenancy Branch	604-660-1020
Shelter Aid for Elderly Renters (SAFER)	604-433-2218
BC Housing	604-433-2218
Tenant Resource & Advisory Centre (TRAC)	604-255-0546
Seniors Services Society Seniors Housing Directory of BC www.seniorsservicesociety.ca/hhousingdirectory.htm	604-520-6621
Lookout Society	604-255.0340
RainCity Housing	604-662-7023
Shelter / Transition House	Call 211 at 11 AM daily
Literacy Vancouver Public Library	604-331-3603
Britannia Branch <i>(Computer lessons, audio-books, home deliveries)</i>	604-665-2222

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Health Services

Medical Services Plan	604-683-7151
Home Health Services <i>(Intake line for home health support)</i>	604-263-7377
REACH Community Health Centre	604-254-1354
Older Adult Mental Health Team	604-878-6733
Addiction Outreach	604-777-6870
Gambling Help Line	1-888-795-6111
Alcoholics Anonymous	604-434-3933
UBC Dental Clinic	604-822-2112
Robert & Lily Lee Community Health Centre	604-675-3980
CNIB Vision Loss	604-431-2121

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Medical Equipment

Personal Supports Information Line	1-888-818-1211
Red Cross Loans	604-522-7092
Support Programs & Advocacy	
Better at Home (light home support)	604-408-7260
M.O.S.A.I.C. Seniors Program	604-254-9626
Britannia 55+	604-718-5837
Kettle Friendship Society	604-251-2801
Kiwassa Neighbourhood House Seniors Program	604-254-5401
Qmunity Generations for LGBTQ Seniors	604-684-5307
Vancouver Aboriginal Friendship Centre	604-251-4844

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